Take Home Test Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Safety

**CPR**

**American Heart Association**

[**http://www.youtube.com/watch?v=O9T25SMyz3A**](http://www.youtube.com/watch?v=O9T25SMyz3A)

**SafetyCare**

[**http://www.youtube.com/watch?v=vXim8rU7lY8**](http://www.youtube.com/watch?v=vXim8rU7lY8) **(Gives more details)**

1. What does CPR stand for? (Google it.)
2. In case of an emergency, before you even attempt any kind of heroic s, what do you need to do first? #1 most important thing!!!
3. Once you have assessed their condition and they are breathing and have a pulse what should you do?
4. If they are not breathing and have no pulse, what are the steps you should follow? (In order)
5. How should your hands be positioned (be exact as I taught you in class). What is the only part of your hand that should be touching the person?

**Choking**

[**http://www.youtube.com/watch?v=7CgtIgSyAiU**](http://www.youtube.com/watch?v=7CgtIgSyAiU)

**Child CPR (1-8)**

**Part 1**

[**http://www.youtube.com/watch?v=kOWwyJEFiPo**](http://www.youtube.com/watch?v=kOWwyJEFiPo)

**Part 2**

[**http://www.youtube.com/watch?v=Z0JRh5RHklY**](http://www.youtube.com/watch?v=Z0JRh5RHklY)

1. What is the international hand signal to indicate you are choking?
2. For adults what exactly is the procedure to help them dislodge food or anything else from their throat?
3. What is the procedure for a child?
4. Name 4 things people most commonly choke on.

**Piercing and Tatoos  
Must View Slide Show (Last Slide show on my wikispaces)**

[**http://healthedkennedy.wikispaces.com/Lecture+Slides**](http://healthedkennedy.wikispaces.com/Lecture+Slides)

* 1. Historically why were tattoos used in society? What was the purpose?
  2. In cultures around the world piercings have significance; give an example of one you learned in class.
  3. If you are planning to get a tattoo or piercing, what should you be looking out for?
  4. What are important after care tips with regards to tattoos and piercings?
  5. What are some medical complications as a result to tattoos and piercings?

**Common Sense in Your Home (from the home safety checklist)**

**You must pick up the safety checklist in my room!**

1. What is the most common injury inside your home and what should you do to prevent this around your home.

**Texting**

1. Go on-line and get some facts about the danger of texting while driving.
2. What are the fines (vary) for texting or not using hands free device while driving?